

Тренировочные задания для школьников

АНГЛИЙСКИЙ ЯЗЫК

I. Grammar Test

Because it 1) ... a lot recently, I 2) ... out as much and I suspect you will have been 3) ... why I haven't been in touch. I'm sorry about the long silence, but I 4) ... to phone you this week and maybe we can arrange to meet for lunch on Friday or Saturday.

- | | | | | |
|---|---------------------|------------------------|------------------|--------------|
| 1 | a) has been raining | b) is raining | c) rain | d) rains |
| 2 | a) am not going | b) don't go | c) haven't gone | d) never go |
| 3 | a) believing | b) knowing | c) realizing | d) wondering |
| 4 | a) am promising | b) have been promising | c) have promised | d) promise |
5. We can't go along here because the road is
- | | | | |
|------------------|-------------------|-----------|-------------|
| a) been repaired | b) being repaired | c) repair | d) repaired |
|------------------|-------------------|-----------|-------------|
6. Someone suggested ... for a walk.
- | | | | |
|-------|----------|-------------|----------|
| a) go | b) going | c) of going | d) to go |
|-------|----------|-------------|----------|
7. I've lost the key. I ought ... it in a safe place.
- | | | | |
|---------------|------------------|----------------|-----------|
| a) that I put | b) to be putting | c) to have put | d) to put |
|---------------|------------------|----------------|-----------|
8. The ... produced at our factory in Scotland.
- | | | | |
|-------------|------------|--------------|-------------|
| a) good are | b) good is | c) goods are | d) goods is |
|-------------|------------|--------------|-------------|
9. The government is doing nothing to help ...
- | | | | |
|---------|-------------|--------------|------------------|
| a) poor | b) the poor | c) the poors | d) the poor ones |
|---------|-------------|--------------|------------------|
10. If the bus to the airport hadn't been so late, we ... the plane.
- | | | | |
|-----------|---------------|----------------|----------------------|
| a) caught | b) had caught | c) would catch | d) would have caught |
|-----------|---------------|----------------|----------------------|

II. Vocabulary

A visit to the doctor's

Jim decided to visit a doctor after his trip to the jungle. He was normally a tall (1) ... person, but over the past month he had lost a lot of (2)... . He had also noticed that his ankles and knees had become rather (3) He thought that he might have eaten or drunk something (4).... or

1) MUSCLE
2) WEIGH
3) PAIN
4) POISON

caught some kind of (5) ... disease. The doctor took some blood for test and told Jim to go back a week later. This time the doctor had an optimistic (6)... on her face, and Jim felt quite (7)... 'Don't worry,' said the doctor, 'it's nothing serious. You haven't caught an (8)... disease, or anything terrible like that. It's simply virus, and you will need some (9) ... Take these tablets twice a day for two weeks, and you'll make a full (10)....

- 5) INFECT
- 6) EXPRESS
- 7) HEART
- 8) CURE
- 9) TREAT
- 10) RECOVER

III. Reading

Task 1. Discuss the questions with your group or a partner.

1. Do you believe it is possible to organize your free time to have a hobby?
2. What hobbies are popular in Russia?
3. Does the choice of hobby depend on your age/ social status?
4. Have you tried to pick up new hobby during lockdown? Your relatives and friends?

Task 2. Look at the list of hobbies. Which hobby would you pick up and which one would not? Why?

1. Learn how to play an instrument
2. Have a go at fermenting
3. Get to know more about knitting
4. Make an on-trend macramé plant holder
5. Make your own jewelry
6. Master your manicure
7. Pick up some brushes and start painting
8. Take a photography course
9. Start writing a book
10. Home DIY
11. Expand your recipe collection
12. Get into Nordic walking
13. Learn a foreign language
14. Relax with some embroidery
15. Try out some yoga
16. Start a small garden

Task 3. Read and reconstruct the text using hobbies from task 2.

**This list of hobbies you can do at home and new hobbies to try will help you
discover a new passion
by Grace Walsh**

Choosing what new hobbies to try doesn't have to be daunting. With our list of new hobbies to try and hobbies to do at home, you might even find a new passion!

It's easy to get caught up in day-day-activities and forget to leave some time for yourself. Especially at the moment.

Immersing yourself in a new activity or new hobby, be it physical or creative, will help bring you into the present moment and beat boredom. And with the wealth of hobbies that are

easy to do at home, in your local area and beyond, there's never been a better time to expand your horizons and make a list of new hobbies to try.

With many of us spending more time inside for the foreseeable future, it can be tough to stay motivated. Especially if you're working from home too. A hobby where you can separate your day from your evening is a brilliant way to help you get the break you need and stay productive in the long run.

New research has shown that half of British women have taken up a new hobby since the start of the pandemic, with 67% practicing their new skill at least once a week.

The study, by independent online florist Serenata Flowers, found that the most popular new hobbies amongst British women were cooking (34%), baking (31%) and gardening (26%).

Research also found that these new hobbies had mental health benefits, as 26% of women said that finding new hobbies to try helped them to unwind and combat stress. Hobbies have grown in popularity this year.

But this isn't about what hobbies others are taking up, this is about you. Are you an aspiring writer? Future chef? Prospective painter? If you're in need of hobby ideas, look no further than our round-up of new hobbies to try at home.

_____ It's not quite so easy to nip to your local salon at the moment, but that doesn't mean your nails should have to suffer. Treat yourself to an at-home gel manicure set to keep up your nail maintenance from the comfort of your own home. It does require a steady hand and a little bit of patience to begin with, but as with all things, practise makes perfect. You could always try your hand at a spot of nail art too - there's plenty of inspiration to be found on Pinterest and Instagram.

_____ Whether you're looking to brush up on what you learnt at school or start from scratch, learning a new language can be an incredibly rewarding hobby. It might seem intimidating at first but with so many resources available, you'll be chatting away in no time at all. Why not get prepared for your next trip to France and learn French at home? Programmes like this Collins French course make it easy! Audible also have courses for learning Spanish, as well as Italian and German, so all you need to do is decide which language you want to learn. With audio books, you won't have to spend any time sitting in front of text books and can focus on speaking from day one. You could also try a non-verbal language skill, like sign language. With books like this one, you can pick up the basics fairly easily and learn a valuable language used by almost 150,000 adults and children in the UK.

_____ When you've got loads of time on your hands, it's easy to spot the things around your home or garden that might need a lick of paint or a spruce up. So why not take the time in lockdown to do those things? Use this exciting selection of easy craft projects for beginners to get ideas for transforming your home, bit by bit. We love the ideas for re-designing fabric and up-cycling old furniture pieces to bring a new lease of life into the living room. Any DIY manual is a super handy go-to for anyone looking to improve their DIY skills. Offering advice on everything from plumbing to repairs, it's a great starting point for those hoping to tackle some home improvement tasks.

_____ They say everyone has one book in them, so if you've been keeping your inner wordsmith in the wings, it's time to get your thoughts onto paper. It doesn't have to be a Man Booker Prize-winning manuscript, but jotting down ideas in a journal will help you hone your skills and help develop your own voice. If you're stuck for ideas about what to write about, you could try a writing-prompt book. It will help you to think of things to write about and get your creativity flowing. Feeling brave enough to share your words with the world? Try a website such as Wordpress, which offers a user-friendly way to build a blog.

Whether you're an advocate for recipe boxes to discover new ideas, or like to work with your own fresh ingredients, cooking is a great hobby to dive into when you have a little more time on your hands. And as passions for home cooking are at high at the moment, there's no better time to expand your recipe repertoire.

It is one of the most popular exercise practices in the world and makes it onto many people's list of hobbies, with millions of people using the downward dog to improve their heart health, relieve anxiety and decrease stress. With so many tutorials online, yoga is a hobby that you can get started with very easily. You'll learn about basic breathing techniques and postures that you can improve on over time. All you need for yoga is a mat, which you can use in the house or garden, and some workout clothes. Whether you prefer tight-fitting for flexibility or loose fitting for comfort, we recommend Sweaty Betty's range - available at John Lewis with speedy delivery.

It, perhaps one of our favourite hobbies to do at home, comes with a huge list of benefits, both physical and mental. Planting bulbs, pulling weeds and tending to an allotment offer the perfect antidote to a day spent glued to a screen indoors, and can even alleviate depression. Head to your local DIY or garden shop to pick up the essentials or shop online, with plenty of availability from the well-known retailers. Being in the middle of spring and heading towards summer, now is the perfect time to start growing your old wildflower garden. You will need a garden rake to clear the space of stones and debris, some canes to lay on the earth to make sure the seed is spreading evenly, and some wildflower seeds. Now the weather is getting warmer, you could even have a go at growing your own giant sunflowers.

Making jewellery has long been considered a therapeutic and creative outlet, as it's time consuming but produces a beautiful result. Make unique pieces to update your look or homemade gifts for loved ones, and before you know it you could have a covetable collection ready to sell on Etsy. This silver ring making kit is a good place to start, with everything you need to create unique, hand-crafted rings.

While you might think that you need to possess the skills of Frida Kahlo to enjoy painting, that's not the case. Art comes in all shapes and sizes, so the most important thing to try it and get creative. Along with being calming and therapeutic, painting has been proven to strength memory and improve motor skills. And who knows, you could discover a hidden talent!

It is one of the best hobbies to do at home because if you want to start with the basics, you don't need to buy anything extra. And in the advent of smartphones and tablets, everyone has the potential to be a great photographer, which is why it made it onto our list of hobbies. Whether you're amassing an enviable Instagram-ready photo album or looking to get published in a magazine, photography offers the opportunity to capture memories, improve your eye for detail and relieve anxiety, as you spend much of your time focusing and noticing your surroundings.

It's never too late to pick up a violin, guitar or trumpet and reap the benefits of playing music. Mastering an instrument can boost your memory, improve dexterity and hand-eye coordination and sharpen your concentration, not to mention give you the chance to meet and socialise with other musicians when you can. Many music teachers have now taken their lessons online to places like MyTutor, where you pay per hour, so this is one of the easiest hobbies to do at home. Or you can find free online tutorials on Youtube, with videos about everything from tuning an instrument to playing a song.

Looking for a list of hobbies with culinary ideas to do at home? Fermented foods have become hugely popular recently. They're things like kefir, miso paste,

kombucha, sauerkraut and kimchi. As well as being tasty, fermented foods help strengthen the good bacteria in our gut.

_____ Macrame was all the rage in the 70s. Now – along with houseplants – it's back in vogue. Making a plant holder is one of the easiest hobbies to do at home. Plus, it's a fun way to spend an evening. Now garden centres are open and we can indulge in a little horticultural retail therapy, it's the perfect time to have a go. It's a low-cost hobby, too. All you need is string/cord and a little patience – and pot holders make lovely gifts.

_____ Taking up hobbies that boost our health is important. We've all been enjoying our lockdown walks but maybe it's time to take yours to the next level. Nordic Walking uses poles that propel you forward. This means you engage your upper body more than by rambling or trekking. It makes you lighter on your feet so there's less pressure on joints. And you'll burn more calories, so it's a good form of exercise for weight loss. Poles cost from around £30 and you'll need flexible-soled trainers and the best walking boots for women.

_____ One of our favourite hobbies to do at home is embroidery. It's easy and surprisingly therapeutic. All you need is some fabric, like cotton or calico, an embroidery hoop, embroidery needles and thread. You can order all you need online from Hobbycraft, which has a section on basic stitches. You might like to embroider a name, an image like this or a floral design. Simply draw on your cloth with a pencil and stitch on top. Adding buttons and sequins is an easy win. And if you're a confident artist, try doing a portrait in stitch. There are lots of online tutorials for basic stitches and inspo. The great thing about embroidery is you can pick up a piece of work for as little as 10 minutes or do some while you're watching TV.

_____ It has been a popular hobby for centuries - and this sometimes puts people off when they're considering which new hobbies to try! However, knitting is so much more than old stereotypes these days and there are lots of great new brands out there that have worked hard to shake off any ageing connotations of the hobby and show what a wonderful - and trendy - skill it can be to have. Whether you're a complete beginner or already have your own needles to hand, there are lots of knitting kits out there that you can buy which will help you make everything from a woolly hat to stylish sweaters, cardigans and jumpers. Knitted pieces make fabulous gifts - although you may think twice about giving your creation away when you see how well they turn out!

Discover a new passion and find some time yourself with our list of hobbies, you deserve it!

(Adapted from <https://www.womanandhome.com/life/news-entertainment/hobbies-to-do-from-home-206521/>)

Task 4. Word formation. Find the examples of these words in the text.

1. to become less, or to make something become less (increase)
2. a person who is starting to do something or learn something for the first time (begin)
3. an uncomfortable feeling of nervousness or worry about something that is happening or might happen in the future (anxious)
4. being certain of your abilities or having trust in people, plans, or the future (confidence)
5. someone or something that gives you ideas for doing something (inspire)
6. making you feel slightly frightened or worried about your ability to achieve something (daunt)
7. the ability to wait, or to continue doing something despite difficulties, or to suffer without complaining or becoming annoyed (patient)

8. an event or situation that can be known about or guessed before it happens (foresee)

Task 5. Find the word to fit a group of sentences.

1. During a successful business career, she accumulated a great amount of _____.
2. Jim has a _____ of teaching experience.

1. The air in the balloon _____ when heated.
2. Supermarkets continue to _____ the range of products and services offered in their outlets.

1. I'm afraid I'm not a very good advertisement for the diet since I've actually put on _____.
2. Radical views don't carry much _____ any more.

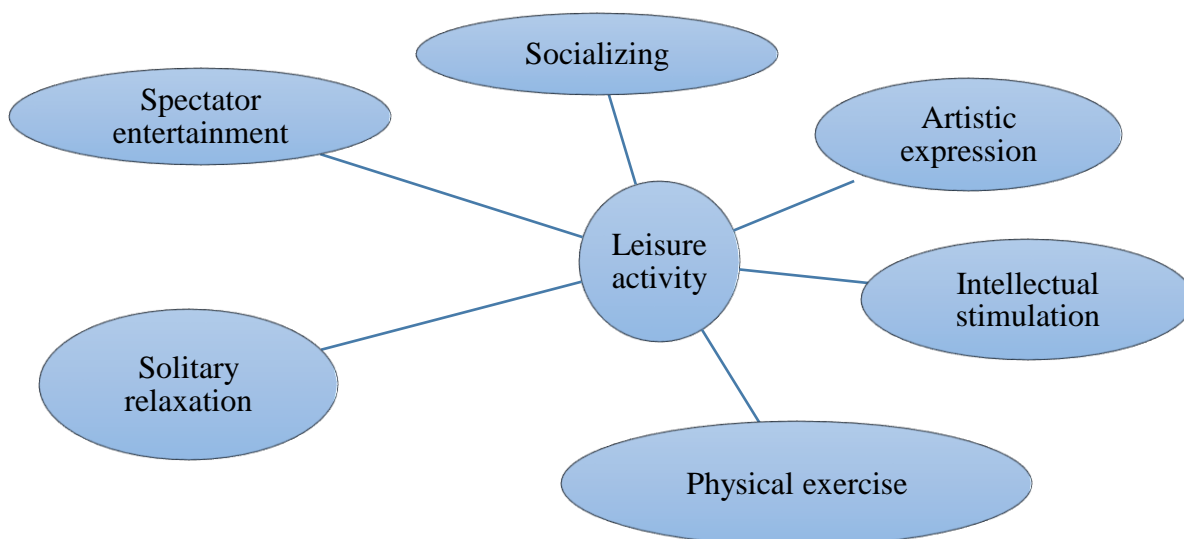
1. Even _____ guys need to cry sometimes.
2. These toys are made from _____ plastic.

1. What you think about this probably depends on which _____ of economics you belong to.
2. A _____ of dolphins swam up to us in the ocean.
3. What do you want to do when you leave _____?

1. We haven't yet been able to find a house that _____ our requirements
2. Do you think we will be able to _____ our deadline?
3. The horizon is the line where the sky _____ the earth.
4. The family struggled to make ends _____

Task 6. Discuss each of the options, summarize your thoughts by choosing the option that is the best and say why.

What is the best leisure activity? Why? Why not?



IV. Listening

Prepare to Watch and Listen

You are going to watch a video about Tornadoes. Read the sentence (1-5). Then choose the correct definition (a or b) for the words in bold.

- 1) The aircraft is designed to be **invisible** to radar.
a) impossible to see
b) excellent, or resulting from inspiration
- 2) The police are concerned about the possibility of **violent** behavior at the demonstration.
a) happy or positive
b) using force to hurt or attack
- 3) Unusually high winds left widespread **destruction** over the area.
a) the act of destroying something
b) to (cause to) become free of ice
- 4) The police tried to **prevent** him from leaving.
a) to make someone do or believe something by giving them a good reason to do it
b) to stop something from happening or someone from doing something
- 5) He was swept out to sea by the strong **current**.
a) a movement of water, air, or electricity in a particular direction
b) interested in learning about people or things around you



Picture 1. Video Tornadoes| National Geographic

While Watching

Watch the video and answer the questions.

1. How does a tornado start?
2. What are tornadoes?
3. What two kinds of tornadoes are there?
4. Where do tornadoes occur?
5. How many tornadoes are reported annually in the USA?
6. What are the key reasons tornadoes occur?
7. Is it possible to forecast tornadic events?

While Watching

Watch the video again. Correct the false statements.

1. Tornadoes start right away as large twisting and hurling columns of wind.
2. Non-supercell tornadoes are the most powerful class of thunderstorms.
3. Country with the most tornadoes is Mexico.
4. All Tornadoes share a key component: the presence of only high pressure air.



Picture 2. Video Tornadoes| National Geographic

5. According to the video, one of the strongest tornadoes recorded occurred in 2009.

Discussion

Discuss the questions.

1. What are common natural disasters across Russia?
2. What are natural disaster risk areas in Russia?
3. What natural disasters do you have in your region?

V. Cultures

Part 1

Country	Capital	Nationality	Language	Person
				A Scot
			English	
	Belfast			
		Welsh		

Part 2

1. The Lake District is situated in:
a) England b) Scotland c) Wales d) Ireland
2. The eldest son of the king or queen of England has traditionally been given this title since 1301:
a) Prince of England b) Prince of Scotland c) Prince of Wales d) Prince of Ireland
3. The national flag of the United Kingdom has:
a) crosses b) stars c) dragons d) lions
4. What is the national emblem of England?
a) Daffodil b) Shamrock c) Thistle d) Rose
5. Who is the patron saint of Scotland?
a) St. Andrew b) St. Patrick c) St. George d) St. David
6. What does RP stand for?
a) a learned London society b) a university degree c) a sports club d) Standard British English
7. When did the Romans first invade Britain?
a) in the 5th century AD b) in the 5th century BC c) in the 1st century BC d) in the 1st century AD
8. What important historical event happened in 1066?
a) the Roman invasion b) the Danish invasion c) the Battle of Waterloo d) the Battle of Hastings
9. What is the most ancient sight in Great Britain?
a) The Tower of London b) Stonehenge c) Hadrian's Wall d) Warwick Castle
10. The Wars of the Roses were between the House of York and the House of:
a) Stuart b) Windsor c) Tudor d) Lancaster
11. What is the national anthem of the USA?

A “America the Beautiful” B “God, Bless America” C “The Star Spangled Banner” D “Yankee, Doodle”

12. The Symbol of the Democratic Party is _____ .

A Donkey B Bald Eagle C Elephant D Bear

13. The US National Symbol is ____ .

A America the Beautiful B Empire State Building

C Bald Eagle D Statue of Liberty

14. The US largest state is ____ .

A California B Florida C Alaska D Texas

15. The USA is a ____ .

A federal republic B monarchy C parliamentary monarchy D republic

16. Which international organization does the UK want to leave?

A The UN

B NATO

C The Commonwealth

D the European Union

Part 3

Match the two columns

1 A dead wood	A большие деньги
2 An Indian summer	В бежать впереди паровоза
3 Big bucks	С бесшабашный
4 Burst at the seams	Д главарь
5 Devil-may-care	Е оригинальный, настоящий
6 Disappear into the blue	Ф быть заполненным до отказа
7 Eke out a living	Г с рудом зарабатывать на жизнь
8 Fight tooth and nail	Н бесполезный человек
9 Jump the gun	І блудный сын
10 Mr Big	Ј бить баклуши
11 The prodigal son	К бабье лето
12 The real McCoy	Л без прикрас, как есть
13 Twiddle one's thumbs	М исчезнуть без следа
14 Warts and all	Н как по маслу, с успехом
15 Without a hitch	О сопротивляться до конца

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Тренировочные задания для школьников

Английский язык

Answers

I. Grammar

1	A	6	B
2	C	7	C
3	D	8	C
4	D	9	B
5	B	10	D

II. Vocabulary

1	MUSCULAR	6	EXPRESSION
2	WEIGHT	7	HEARTENED
3	PAINFUL	8	INCURABLE
4	POISONOUS	9	TREATMENT
5	INFECTIOUS	10	RECOVERY